**Single Session Chairwork (SSC) Terms and Conditions**

*Please read the following information carefully.*

* SSC sessions last up to 90 minutes.
* SSC sessions are provided on a singular, ‘one-off’ basis. Depending on your clinician’s availability, there may be scope to arrange further appointments but this is not guaranteed.
* SSC sessions are restricted to a single time slot (1910 on Wednesday evenings). Alternative appointment times are limited.
* SSC sessions take place over Zoom. Please ensure that you have access to a private space with good internet connect throughout the session. You will also need a pen, paper, and an extra chair.
* Your SSC session will make extensive use of experiential methods, namely chairwork and role-play. You should be aware that chairwork and role-play can be an evocative and emotionally demanding experience. SSC sessions also incorporate specific interventions which are designed to make your session feel safe and comfortable.
* Following your SSC session, you will be asked to provide written feedback about your experience of the appointment. This information will be collected via a Word document. This information is collected for evaluation purposes.
* Your SSC session will be audio recorded. You will be provided a copy of this audio recording via Dropbox.
* Your clinician will keep a confidential record of your session in line with the standards set out by the British Psychological Society. The only exception to this clause is if your clinician is concerned about your safety or the safety of another person. In circumstances such as these, your clinician may have a legal or ethical duty to share information about you with appropriate bodies, such as appropriate healthcare providers or professional regulatory bodies.
* The content of your SSC session (including session notes and/or the audio recording of your session) may be discussed in your clinician’s personal supervision. Discussion of the content of your session will be treated confidentially by your clinician and his/her supervisor.
* With your consent, anonymised portions of your post-session feedback may be used for promotional purposes (please see below). You are able to withdraw your consent at any time.

I HAVE READ AND UNDERSTOOD THE ABOVE TERMS AND CONDITIONS. **YES / NO**

I CONSENT TO ANONYMISED PORTIONS OF MY POST-SESSION FEEDBACK FORM BEING USED FOR PROMOTIONAL PURPOSES: **YES / NO**

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| --- | --- |
| **NAME:** | **DATE:** |